Let's have a family party!

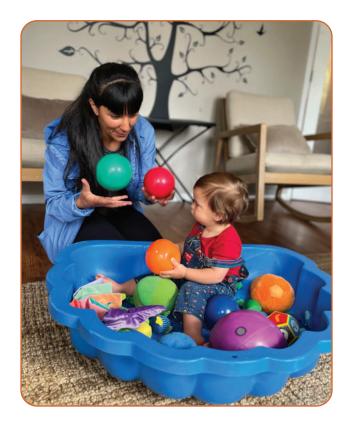


Getting together for a family party can be so special. What can be more fun than planning, creating and getting ready for a party? Literacy activities are part of a party. Children can have fun and learn at the same time.

Let's plan a party! Pick out some favourite games, make some yummy food and maybe even dance a little!

Key Messages:

- Bonding: Family parties help strengthen relationships, fostering closer bonds between children and relatives.
- Social skills: Interacting with family members helps children develop social skills like communication and cooperation.
- Learning through play: Many party games involve learning, problem-solving and critical thinking. Games promote learning in an enjoyable setting.
- **Memories:** Children can look back on family parties with warmth.
- Cultural connection: During family events, children learn about their cultural heritage through stories, traditions and practices.
- Positive associations: Enjoyable experiences at family parties support positive feelings towards family time and gatherings.



Let's have a family party!

What can children learn at a family party?

Games:

- Fair play: When children play games with others, they learn about how it feels to win and lose. Children also learn about how to respect others who are playing against them.
- Problem-solving: Some games need players to think quickly and make smart choices. This helps your child get better at solving problems and making good decisions.
- **Teamwork:** Playing together with family teaches children how to help each other and work as a team to reach a goal.

Music and Dancing:

- Rhythm and coordination: Dancing to music improves motor skills, rhythm awareness, pattern recognition and overall body coordination.
- **Self-expression and confidence:** Music and dance provide a creative outlet for children to express feelings and thoughts. It helps to develop self-confidence.
- **Cultural appreciation:** Listening to different kinds of music and trying different dances helps children learn about cultures and how they are celebrated.

Food:

- Cooking skills: When children make food with adults, they learn about basic cooking skills, measuring, kitchen safety and following a recipe.
- Healthy choices: Making food together can be an opportunity for your child to learn about healthy foods. This can help them make healthier food choices.
- **Cultural cuisine:** When you cook family recipes with your child, they get to connect with their heritage. They can also learn how people from other cultures eat and cook.
- **Sharing a meal:** Eating together as a family is an opportunity to enjoy time together and bond with each other.

Where can I get more ideas?

- ABC Life Literacy Canada <u>https://abclifeliteracy.ca/all-programs/family-literacy-day/</u>
- Decoda library https://decoda.ca/library/
- Read All About Lit: Family
 Dance Party https://decoda.ca/family-dance-party/
- Active for Life: 57 awesome family dance party jams https://activeforlife.com/57awesome-family-dance-partyjams/

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