



Family Literacy Week
January 21 - 28, 2024

Let's have a family party!

Babies

Have a Sensory 'Pool' Party

Sensory play is a fun way for babies to explore their senses of touch, taste, smell, sight, hearing, body awareness and balance. It increases creativity where babies can learn about sorting, counting, categorizing, stacking, rolling and connecting.

Sensory pool party

What you need:

- an empty inflatable pool or a large rectangular storage container
- household items that are safe for your child, such as sponges, socks, tape, deck of cards, etc.
- toys such as balls, stuffed animals or soft objects in varied sizes, colours, shapes and textures

What you do:

1. Take your empty pool or container and place it in an open area of your home.
2. Place your child in the container.
3. Fill the container with colourful and interesting objects.
4. Let them explore.

Optional: You can facilitate sensory play by talking to your child about the objects' colours, texture, sizes and shapes.

Sensory play is important because it:

- supports children's language development.
- builds fine and gross motor skills.
- promotes body awareness and movement.
- stimulates auditory and tactile senses.
- facilitates social interaction during sensory play with others.
- regulates emotions with a calming effect.



Suggestions for interesting household objects:

- cardboard boxes, tissue paper rolls, egg cartons
- wooden spoons, paper plates and cups
- light up bouncy balls, inflatable beach ball