



Tipi Toss



Physical activity/physical literacy links: Developing movement skills (throwing and catching); playing cooperatively, developing confidence; developing competence.

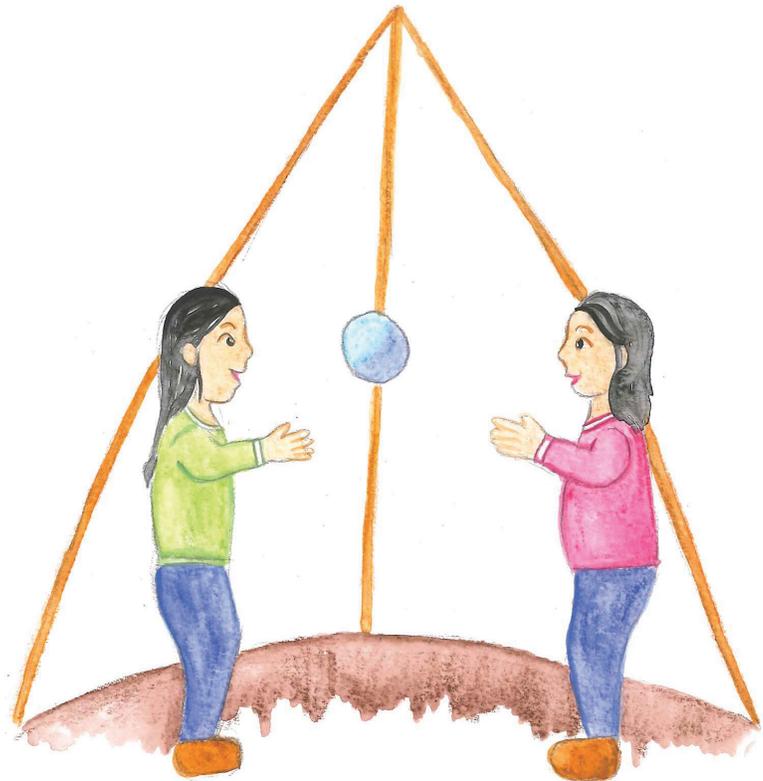
Language/literacy links: Supporting activity with talk and sign (e.g. story-telling)

Equipment: Small balls

Where: Indoors or outdoors

Storytime

- ❖ Living in a small space like a lodge or tipi, especially in cold weather, caused many games to evolve. Balls made of leather scraps were used in a football game that could range far and wide across the plains in warm weather as there were no boundaries. This wouldn't be possible in snow or stormy weather, but the ball was still a favorite toy. Smaller games with balls can be used inside. Living in small space in large family groups, First Nations people taught their children to be respectful and careful of one another's safety and comfort within the tipi.
- ❖ Tipi teachings were essential and guided family life. Each pole of the tipi represented a teaching within First Nation's life. The tipi poles represent: Obedience, Respect, Humility, Happiness, Love, Faith, Kinship, Cleanliness, Thankfulness, Sharing, Strength, Good Child Rearing, Hope and Ultimate Protection. Inter-connectedness is represented by the tipi flaps and the rope represents the Sacred Bond or our connection to the Universe.





Tipi Toss (continued)

Let's play

- ❖ Upon learning the meanings behind the tipi poles, children are ready to begin the activity.
- ❖ To begin, children will stand in a circle in the middle of the gym in their imaginary tipi.
- ❖ They will toss the ball to one another with the goal of cooperation accomplished by looking directly at each person they are throwing the ball to.
- ❖ If the targeted child catching the ball drops the ball, they're out and sit in the center until the next child drops the ball. Once the next child drops the ball the child on in the centre can rejoin the circle.
- ❖ The game continues until only one player remains who has not dropped the ball. Multiple rounds of this game can take place.
- ❖ To increase physical activity, there can be many games going on at one time with multiple small groups of children.

MOVEMENT SKILL: CATCH



Cues for your child

- Hands out and ready
- Watch the ball
- Bring it to your body

Parts of the skill

- Arms in front with elbows slightly bent
- Watch the ball
- Reach toward ball
- Catch in hands

Tips

- Encourage the children to have their arms in front and watch the ball.
- Or use a rhyme:
Hands together,
Fingers wide,
Watch it land right inside

Other Skills

- Throw