Introduction to Computers Workbook 2011/2012



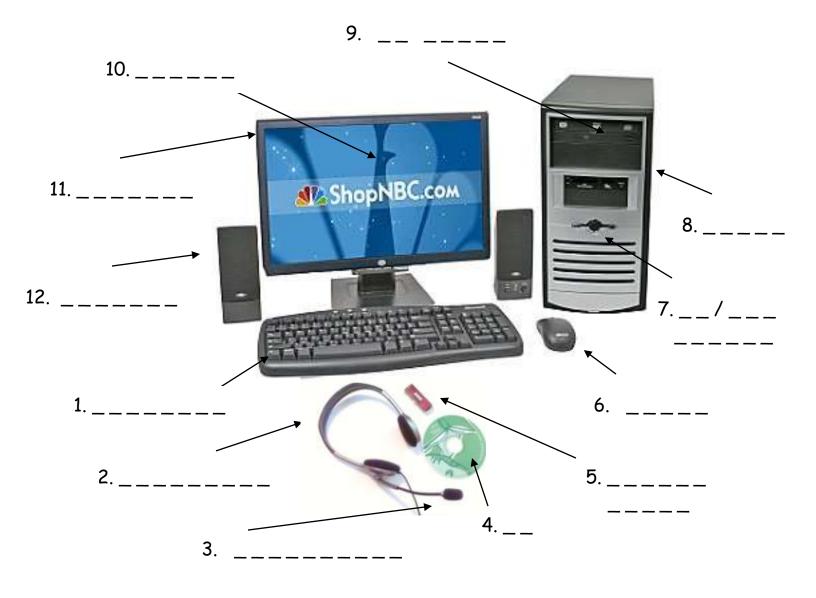
These lessons originally came from the CONNECT newsletter, a project of the Ottawa-Carleton District School Board.

The *Lessons for the Literacy Lab* series was written by Diane McCargar, Elyse Schwartz, Liz Devries and Catherine Hodgins and is available in Connect: Canada's Resource Publication on Technology and Adult Literacy - Vol 5, Issues 1-5, October/November 2002, December/January 2003, February/March 2003, April/May 2003 and June/July 2003.

This material is used with permission from the National Adult Literacy Database (NALD) Library online collection: http://library.nald.ca/connect/.

The lesson plans were rewritten and the workbook revised for the Columbia Basin Alliance for Literacy by Keri Russell and Margaret Sutherland in January 2011

Parts of a Computer

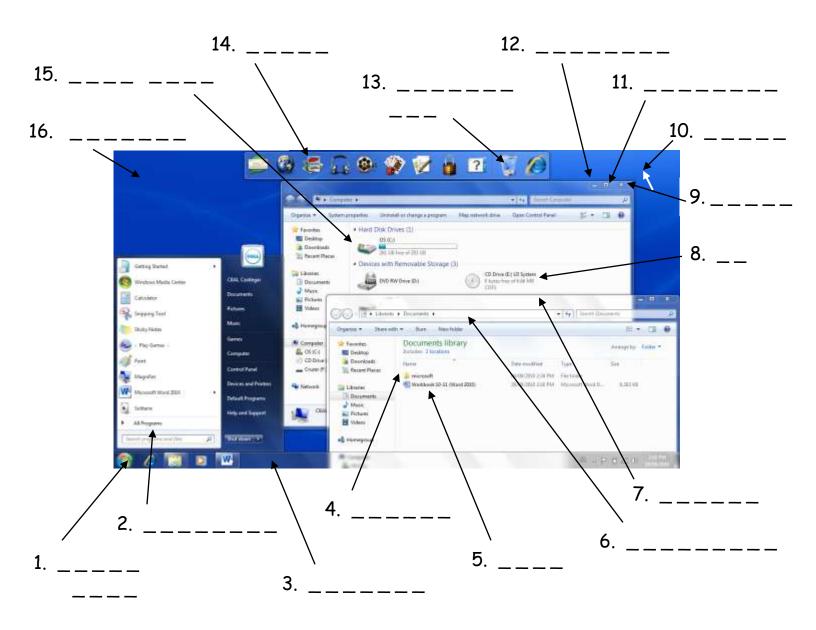


on/off button	microphone	CD drive
screen	speaker	CD
monitor	mouse	tower
keyboard	memory stick	earphones



Lesson 1 - Handout 2

Using Windows



desktop	programs	minimize	taskbar
folder	file	window	close
maximize	recycle bin	arrow	hard disk
CD	start menu	documents	icons



Word Processing 1

Run Word

- ✓ Office Icon or the Start button. 1.
- 2. **Word Icon**

Managing Documents



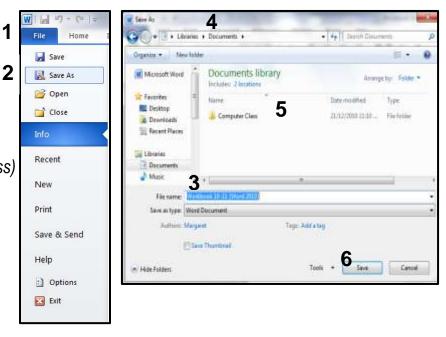
Save a Document

1.	4	File
	0 -	

- Construction Save As 2.
- 3. 🚎 a file name
- 4. **Documents**
- 5.

1

6. **€** Save



Print a Document

1.	File
2.	C Print
3.	Print

Save	3 Print
🛃 Save As 🎯 Open ゴ Close	Print Copies: 1
Info	Printer
Recent	Send To OneNote 2010
New	Printer Properties
Print:	Settings
	Print the entire document
Save & Send	Pagest



Managing Documents

Close a Document



- 3. 🕆 Exit





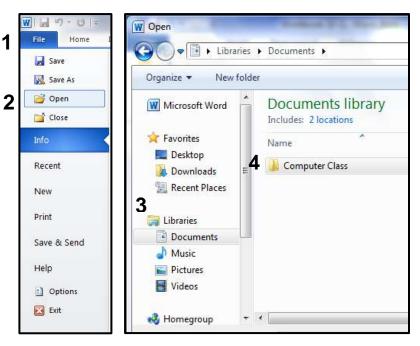
Create a New Document





Open a Document

- 1. ¹ File
- 2. 🖓 Open
- 3. Or Documents
- 4. A folder i (Computer Class)
- 5. ^A a document



Exit Word

1.	File	
2.	🕂 🔀 Exit	or
3.	C Exit	

	File Home	
	🛃 Save	
	🔜 Save As	
	对 Open	
	📄 Close	
	Info	K
	Recent	
	New	
	Print	
	Save & Send	
	Help	
	Options	
ſ	🔀 Exit	٦

- • × 3





Write the number on the correct key in the picture.

- ω 4 ľ 0 V N 1 The key that starts a new line The key you use to erase The key that makes a letter capital when you hold it down.
 - The key that makes all the letters capital until you push it again.
 - The bar that makes one space.
 - The period (.) key.

esson 2 - Handout 1

- The key that makes a question mark (?) when you hold the shift key.
- The comma (,) key.
- The apostrophe (') key.

10

<u>v</u> 00

The key that moves you to the right when you start a paragraph.



Tab

0

-

2

8

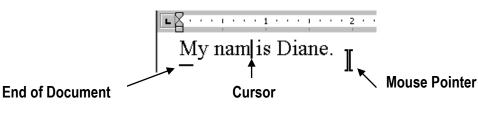
Type the sentences below with the correct capitalization, spacing and punctuation.

TYPING SENTENCES B

whataresomesafewaystoloseweight crashdietsaredangerousanddontwork drinkwaterinsteadofsugarydrinkslikejuiceandsoda exerciseatleast3to5timesaweek reducethesizeofyourmeals doyoukeepeatingafteryourefull doyoueatwhenyoureupsetorbored eathealthysnacksduringtheday donteatatnightwhileyouwatchtv eatavarietyoffoodseveryday



Word Processing 2



Inserting Text and Spaces

- 1. where you would like to insert text.
- 2. 🖆

Deleting Text and Spaces

- 1. 1 at the end of text.
- 2. Press Backspace.

Highlighting and Deleting

1. Drag over text

or

A A on a word

or

 \mathcal{T} to the left of a line.

Today is Wednesday, February 11, 2012

2. Press Backspace.

Editing Text and Spaces

Inserting Lines

- 1. at the end of the previous line.
- 2. Press Enter.

Deleting Blank Lines

- 1. on the line.
- 2. Press **Backspace**.

الْمُعْمَا الْمُ

Lesson 2 - Handout 3

Editing Text and Spaces

Instructions for making corrections to Four Bean Salad

- 1. Type your name on the line above Four Bean Salad
- 2. Delete the **s** at the end of the word **greens**.
- 3. Delete the spaces between yellow and beans.
- 4. Add the word **chopped** after onion.
- 5. Delete the blank line after $\frac{3}{4}$ cup vinegar.
- 6. Add **M** before ix.
- 7. Add the word **fridge** between **the** and **overnight**.

Four Bean Salad

can greens beans
 can yellow beans
 red onion
 can chick peas
 can kidney beans
 3/4 cup sugar
 3/4 cup vinegar

1/2 cup cooking oil

ix the first five ingredients together. Stir the remaining ingredients and pour over the beans. Keep in the overnight.



Lesson 2 - Handout 4

Editing Text and Spaces

- 1. Type your name on the line above Spicy Apple Muffins.
- 2. Double the recipe. (Example: change 2 c. all purpose flour to 4 c. all purpose flour)
- 3. Delete the blank line between white sugar and cinnamon.
- 4. Delete 1/2 c. cocoa.
- 5. Add the word Topping and a blank line between 1/3 c. melted butter and 1 tbsp. brown sugar.
- 6. Change 4000F to 400F.
- 7. Delete the extra spaces between muffin and tins.
- 8. Add the word Combine before egg, milk and melted butter.
- 9. Delete the word juice after liquid.
- 10. Change the word **bottle** to **bowl**.

Spicy Apple Muffins

2 c. all purpose flour 3 1/2 tsp. baking powder 1/2 tsp. salt 1/2 c. white sugar

1 tsp. cinnamon
1/4 tsp. nutmeg
1/4 tsp. cardamom
1 c. peeled chopped apple
1/2 c. cocoa
1 egg
1 c. milk
1/3 c. melted butter
1 tbsp. brown sugar
1/4 tsp. cinnamon
1/4 tsp. nutmeg

Preheat the oven to 4000F. Grease muffin tins. Sift together flour, baking powder, salt and sugar in a mixing bowl. Stir in chopped apple. egg, milk and melted butter. Add liquid juice to dry ingredients. Do not overmix. Spoon into prepared muffin tins.

Topping In a small bottle, combine brown sugar, cinnamon and nutmeg. Sprinkle on tops of unbaked muffins. Bake 15-20 minutes. Makes about 1 dozen muffins.



Lesson 3 - Handout 1

Typing Paragraphs

Read the story. Fill in your information. Then type these paragraphs. Remember to use ENTER to move to the next paragraph. Remember to use TAB to indent.

My name is ______. I am a student here at ______. I am _____ years old. I have ______ hair, _____eyes , and I'm very ______ today because _______. Right now, I am sitting close to a person named ______. This person's last name is ______. This person has ______

hair and _____ eyes.

There are _____ people in the room. We are all learning about _____.

Read the story. Then type these paragraphs. When you finish, you can type a story about yourself.

My name is Liz Devries. I am an instructor at Ottawa Technical Learning Centre. I

teach English to adults. I am also a mother and I have three teenage children. I have a busy life.

Sometimes I am too busy and I get tired. One day when I was teaching, I looked down and saw that my sweater was on inside out. That was embarrassing!

I've decided that I am going to try to be better organized in the future. I like to be busy, but I don't like to go around with my clothes on inside out! I will make sure that someone checks my clothes before I go out the door every morning. Then I can be busy and happy too.



Word Processing 3

- 1. Or Review.
- 2. On Spelling and Grammar.



- 3. If the correct spelling is listed
 - a) 🖑 on correct spelling.
 - b) 🕆 on Change.

4. If a name isn't in the dictionarya) ∽ on Ignore Once.

Not in Dictionary:	
My nme is Engelbert.	4.a) Ignore Once Ignore All
Suggestions:	
me 3a)	→ 3b) Change Change All AutoCorrect
Dictionary language: English (Canada)	•
Check grammar	
Options Undo	Cancel

- 5. If the correct spelling isn't listed
 - a) 🗇 on mistake.
 - b) Correct mistake.
 - c) 🕆 on Change.

aldt in Dictionary:	
b) is Engelbert.	Ignore Once Ignore All Add to Dictionary
Suggestio <u>n</u> s:	
My name	_ 5C) Change
Myna me Misname Byname McNamee Manama	E Change All AutoCorrect
Dictionary language: English (Canada)	•
Check grammar	
Options Undo	Cancel



Lesson 3 - Handout 2

Checking Spelling

- To correct the mistakes in this school newsletter:
- 1. Put your cursor at the beginning of the document.
- 2. A Review.
- 3. 🕆 Spelling and Grammar.
- 4. Correct the spelling mistakes.
- 5. When the spelling check is complete, look for the mistakes the Spelling Tool did not find. There is one wrong word in each paragraph.

The Class Communicator January/February, 2012

Winter Isn't So Bad!

by Derek Kartoum

In case you haven't noticd, it's cold outside! Many peuple want to hibernate like the bears. Some people don't even want to come to school. It's so much easier to stay inside with a cup of tea than to put on all those layers and brave the Arctic winds. But what happens if you stay inside all the time? You get restless and depressed and irritable. Yous snap at your kids, and after awhile you don't fill like doing anything. This is smy advice. Go outside and find something fun to do. You'll be surprised to see how many other people are outsidehaving fun.

To enjoy the snow or ice, you need at least one of the following: a toboggan, a pair of ice skates, a pair of snow soes or a pair of skis. You can ski or snow shoe anywhere in Ottawa or in the Gatineau. There are lots of trails to follow. Their are also many toboggan hills, but the best one is Conroy Pit near Hunt Club. The best place for ice skating is the Rideau Canal. It's the world's longest skatting rink. Be sur eto check the condition of the ise. A green flag means good; a yellow flag means not very good; a red flag means danger—don't skate. The best time to go skating is early in the morning. The canal isn't crowded, and the ice is smooth because they flood it with water ever ynight.

Norne of these activities costs much money. You can get used skates and skies at stores that sell outdoor equipment. You can also rent skates and skis. It's free to skate on the canal, although sometimes they ask fer donations. Cross-country skiing, snow shoeing and tobogganing are also free in Ottawa.

So, three's no excuse for staying inside. Get out and enjy the winter! Take a thermos of fot chocolate, wrap yourself up like a mummy, and do something active. Maybe I'll see you there. I'm thre won with the funny hat!



Lesson 4 - Handout 1

Using Tabs

Write down at least 10 things you do every day. (Get up., Eat breakfast., Go to school., ...) Write down the time you do each thing. (6:30 a.m., 7:45 a.m., 3:30 p.m., ...) Type your schedule on the computer. Use the Tab key to move to the second column.

Personal Schedule	
<u>6:30 a.m.</u>	Get up.



Lesson 4 - Handout 2 Using Tabs

	Tab to 3">	
	440 Albert St.	
	Ottawa, ON	
	K1R 5B5	2 Enters
	January 26, 2012	2 Enters
Greeting	Dear Fran,	2 Enters
Body	Thank you very much for the purple sweater. You must have spent a lot of time knitting it. I appreciate all of your hard work. It fits well and it will keep me very warm this winter. It was very kind of you to remember my birthday.	2 Enters
Closing	All the best,	
	Rita	

You have received a gift from a friend. Write him or her a thank-you letter for the gift.

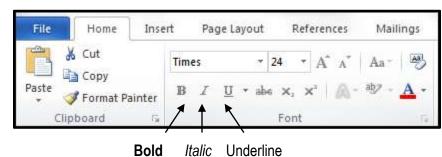
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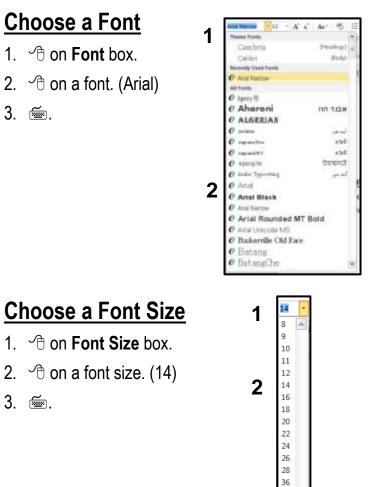


Word Processing 5

Using the Font Group

Formatting using the Home Tab





48 72

BI

U

Choose a Font Style

1. Highlight text.

3. 🚎.

3. 🚎.

- 2. Other on Font, Font Size or Style.
- 3.

Change a Font after Typing

- 1. 🕆 on Font Style button. 🕆
- 2. 🕌.
- 3. A on Font Style button again to turn it off.



Bold

Using Fonts

Type this flyer for a garage sale. Try to use the same fonts, font sizes and styles (B, I, U). You'll need to use the Tab key.

GARAGE SALE

Saturday, May 7, 2012 8:00 AM TO 12:00 NOON **7631 OAK STREET**

Dishes, CDs, tools, toys, and more...

You never know what treasures you might find!

Cash Only

Rain Date: May 8



Lesson 5 - Handout 2

Using Fonts

Type a flyer describing something you have lost. The flyer should include the following information and use different fonts, font sizes and styles.

What did you lose? What does it look like? Where did you lose it? When did you lose it? Is there a reward? What should I do if I find it?

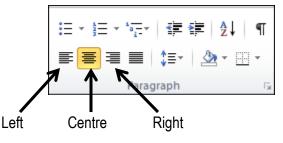


Word Processing 6-1

Using Alignments

Formatting using the Home Tab

Paragraph Group



Choose an Alignment

- 1. Other on an **Alignment** button.
- 2. 🖆.

Change the Alignment after Typing

- 1. Highlight lines.
- 2. Or an **Alignment** button.



Lesson 6 - Handout 1

You are going to invite your friends to a party at your house.
Here is the information you need:
(1) the kind of party
(2) the date
(3) the time
(4) what people should bring
(5) your full name
(6) your address
(7) your phone number
Fill in the information about your party. Type your invitation. Make it look like the
one below. Try using different fonts. When you're done, insert a picture in your
invitation

You're invited to my (1)	party!
on (2)	
at (3)	
Please bring (4)	
(5)	
(5) (6) (7)	
	Please RSVP See you there!
cbằl	

Word Processing 6-2

Using Pictures

Insert a Picture

- 1. The on the Insert tab.
- 2. 🕆 on Clip Art.

FILE	Ho	me	Insert.	Page Lay	out	Refere	ioni i	Mailing	1
Cover Page *	Biank Page Pieges	Page Break	Table *	Picture	Clip	10.00	SmartArt	Chart	Scree
					inclu sour	rt Clip An Iding dia Ida, ar st	t into the wings, m ock phot ecific cor	ovies, ography	11 - E

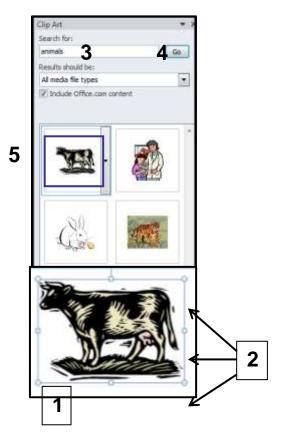
- 3. 📾 a category (animals).
- 4. ∕⊕**Go**
- 5. on a picture.

Resize a Picture

- 1. on the picture.
- 2. Drag a sizing handle.

Move a Picture

- 1. Point to the center of the picture.
- 2. Use the Symbol \Leftrightarrow to Drag.



Word Processing 6-3

Using Pictures

Position a Picture

- 1. on the picture.
- 2. on Picture Tools

2

3. on **Position** (located in the Arrange group).

4.	Ą	on	



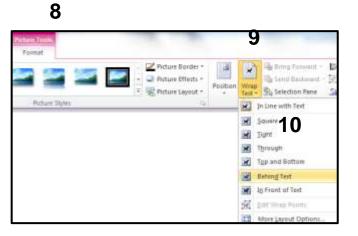




Wrap Text Around a Picture

- 5. on the picture.
- 6. on Picture Tools
- 7. on **Wrap Text** (located in the Arrange group).
- 8. The on Wrapping Style you want.

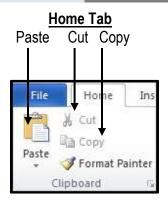






Word Processing 7

Cut, Copy and Paste



Copy and Paste

- 1. Highlight text.
- 2. 🕆 Copy.
- 3. A where you want text.
- 4. 🕆 Paste.

Cut and Paste

- 1. Highlight text.
- 2. Cut.
- 3. The where you want text.
- 4. 🕆 Paste.

		,2						
File	Home	ert	Page Layout	References	Mailings	Review	View	
	X Cut	Arial	Narrow *	14 * A* A*	Aa - 🎒	i≡ • i ≡	· *= · · · · · · · · · · · · · · · · · ·	≜i ¶
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. 1	Clipboard	Ġ.	F	ont	19		Paragraph	5



Lesson 7 - Handout 1Copy and Paste

- 1. Read about the diseases on this handout.
- 2. Look at the immunization schedule given to you by your instructor.
- 3. Copy the name of each disease and paste it beside the age that requires this immunization.

Immunization can protect a child from the serious diseases described here. Always check with your doctor.

DIPTHERIA – This is a serious infection that can cause breathing problems, heart failure, paralysis and death.

HEPATITIS B – This is a virus that can cause serious liver problems.

POLIO myelitis – This is a virus that can cause paralysis and death.

HIB (Haemophilus B) – This is a bacteria that can infect any part of the body. The infection can lead to severe joint problems, pneumonia, brain damage and even death.

MEASLES – This disease causes rash, high fever, cough, runny nose and watery eyes. It can cause ear infections, pneumonia, hearing loss, brain damage and even death.

MUMPS – This disease causes fever, headache and painful swelling of the glands in the mouth and neck.

PERTUSSIS – This is also called whooping cough. It causes severe coughing for weeks or months. The risk of complications is greatest in children under seven.

TETANUS – This is also called lockjaw. It causes painful muscle spasms, breathing failure and even death.

RUBELLA – This is also called German Measles. It causes fever, rash, swelling of the neck and painful joints. If a pregnant woman gets rubella, it is very dangerous for the unborn baby.

	IMMUNIZATION SCHEDULE
2 months	
4 months	
6 months	
12 months	
18 months	
4 to 6 years	
14 to 16 years	



Routine Immunization Schedule for Infants and Children

Age at vaccination	Diptheria Pertussis Tetanus Polio	HIB	Measles Mumps Rubella (MMR)	Hepatitis B
Birth				Infancy
2 months	0	+		3 doses
4 months	0	+		*
6 months	0	+		
12 months				
18 months	0	+		
4-6 years	0		or	or
14-16 years				
				Pre-teen/teen 2-3 doses



Lesson 7 - Handout 3

- 1. Look at the items written below.
- 2. Cut and paste each item into the correct box.

glass bottles	newspapers
milk bags	pop cans
jar lids	tin cans
light bulbs	pots and pans
waxed paper	pizza boxes
cereal boxes	chip bags
toilet paper rolls	books
plastic bags	pottery
foil	aluminum pie plates
gift wrap	shoe boxes
magazines	telephone books
	~
cardboard	flyers

CAN RECYCLE	CANNOT RECYCLE



Lesson 8 - Handout 1

Numbered Lists

Instructions:

- 1. Type the text below.
- 2. Use the number button in the Paragraph group to type the numbered list.

Handwashing Keeps the Germs Away

The most important thing you can do to keep from getting sick is to wash your hands.

By frequently washing your hands you wash away germs that you have picked up from other people, or from contaminated surfaces, or from animals and animal waste.

"An ounce of prevention is worth a pound of cure!"

Here is the correct way to wash your hands:

- 1. Use soap and warm running water.
- 2. Rub your hands vigorously for at least 20 seconds.
- 3. Wash all surfaces including the backs of your hands, wrists, between fingers, under fingernails.
- 4. Rinse well. Leaving soap on your hands will lead to drying and cracking of your skin.
- 5. Dry your hands well with a paper towel.
- 6. Turn off the tap with the paper towel you used to dry your hands. This prevents picking up the germs that were on your hands when you turned on the tap.



Type the text below. Use the Bullet button on the Toolbar.

What can we do to prevent West Nile infection?

Avoid mosquito bites.

- Apply insect repellent to exposed skin when you go outdoors. Be careful putting repellent on children. Don't put it on their hands and avoid their mouths and eyes.
- Wear protective clothing such as long sleeves, long pants, and socks while outdoors.
- Spray clothing with repellents containing DEET or permethrin.
- Try to stay indoors between dusk and dawn.
- Avoid activities in areas where there are many mosquitoes.
- Fix or install window and door screens to keep mosquitoes out of buildings.

Always read and follow the product directions when using any insect repellent or insecticide!



Business Letters Lesson 9 - Handout 1 Instructions: Read the sample complaint letter. 1. 2 Type either a complaint or a thank you letter to an elected official (your Mayor, MLA or MP). Find the address on the internet. Return **Rachel Greene** Address 1203 - 440 Albert Street (From:) Ottawa, Ontario 2-4 Enters K2T 1V0 Date 2-4 Enters May 23, 2012 Inside Frank Moore Address Minto Apartments (To:) 1B-440 Albert Street Ottawa, Ontario 2 Enters K2T 1V0 Greeting Dear Mr. Moore: 2 Enters Body I am writing to you because the hot water tap in my bathroom is dripping. I mentioned this to the superintendent on Monday, May 12, 2012 and he said he would fix it that week. It is almost two weeks later and it still hasn't been fixed. It isn't a big problem but 2 Enters the wasted hot water is costing me money on my heating and water bills. I would appreciate it if you could speak to the superintendent about this problem. I'd like 2 Enters to know when the problem will be fixed. Closing 6 Enters Sincerely, Signature Name **Rachel Greene**



Create a Table

1. 🕆 on Insert.

Headings

Row .

- 2. To on Table.
- 3. Drag to highlight the number of rows and columns.

Word Processing 10

Column

Ť

Martin

Teresa

First Name

Address

2351 Park Road

76 Spring Garden Road

4. The to insert table.

Entering Information

Last Name

Hamelin

Thorn

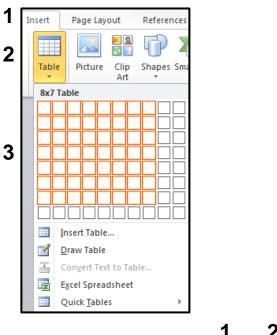
- 1. Click in a cell.
- 2. ГШТ (
- 3. Press Tab.

Change Height or Width

- 1. Hover over gridline.
- 2. Drag line when you see two arrows.

		1	2
Last Name Chen	First Name Chi	Address 20A Meadowlands Drive	Phone Number 765-8795
Chen Green	Gerald Ben	187 James Crt. 234 Main St.	872-3542 231-2387





Using Tables

Province

NS

NS

Postal Code

🕳 Border

B3J 2S9

B3J 5M9

Gridline

Cell

City

Halifax

Halifax

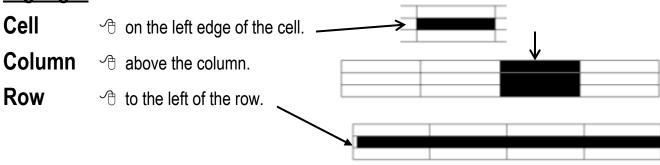
Tables



Word Processing 10

Using Tables

<u>Highlight</u>



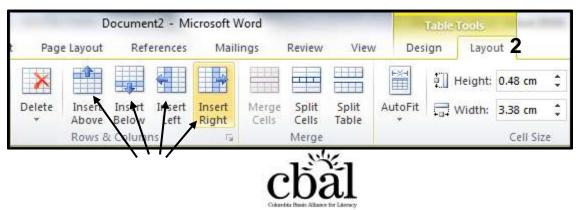
Delete Rows and Columns

- 1. The row or column.
- 2. The on Layout tab.
- 3. ⁽¹⁾ on **Delete**.
- 4. ∽⊕ on Delete Columns or Delete Rows.

		ା	Docume		Table Tools							
	Page	e Layout	Ref	erences	Maili	ngs	Review	View	Des	ign Lay	out 2	
									1×1	Height	: 0.48 cm	
Dele	100	Insert Above	Insert	Insert Left	Insert Right	Merge Cells	Split Cells	Split Table	AutoFit	🛱 Width	3.38 cm	2
*	Delete Cells				5		Merge				Cell Siz	ze
¥												
*	De	lete <u>R</u> ow	/5									
×	De	le <u>t</u> e Tabl	e									

Insert Rows and Columns

- 1. 🗇 in any cell.
- 2. The on Layout tab.
- 3. The on Insert Above, Insert Below, Insert Left, or Insert Right.



Borders

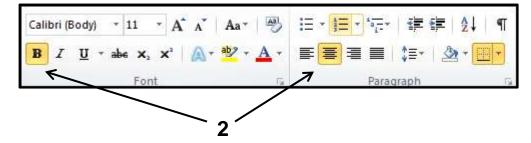
- 1. 🗇 in any cell.
- 2. The on **Design** tab.
- 3. on type of border.

View	Table Tools Design 2 Layout	and they be		e Base
			* <u>E</u> E	Shading * Borders * ½ pt —
Table St	yles			<u>B</u> ottom Border To <u>p</u> Border <u>L</u> eft Border
				<u>R</u> ight Border <u>N</u> o Border
				<u>A</u> ll Borders Out <u>s</u> ide Borders Inside Borders
				Inside <u>H</u> orizontal Bord Inside <u>V</u> ertical Border
				Diagonal Do <u>w</u> n Borde Diagonal <u>U</u> p Border
			A= 2	Horizontal Line Draw Table
				View <u>G</u> ridlines Borders and Shading.

Borders

Adjectives	Nouns	Verbs	Adverbs
happy	cats	eat	quickly
young	boys	speak	loudly

- 1. Highlight Cells.
- 2. The on a text format from the Font or Paragraph group (Bold, Centre, 18 point, etc.)





Instructions:

- Insert a table with 4 columns and 7 rows. 1.
- 2. Type the headings.
- Write each word below in the correct column of the table (six words for 3. each column).
- Type one word in each cell. 4.

drank	beautiful	sing	think
quickly	backyard	always	engineer
flowers	hungry	run	did
go	tennis	song	sunny
yesterday	strong	never	softly
blue	happily	Canada	three

Adjectives	Nouns	Verbs	Adverbs



Instructions:

- 1. Put borders around all of the cells in the table.
- 2. Make the headings bold.
- 3. Make all the last names bold.
- 4. Centre all of the phone numbers.
- 5. Make the Address column wider so the addresses fit on one line.
- 6. Insert a City column before the Phone Number column.
- 7. All of the people live in Ottawa. Type Ottawa in the City column.
- 8. Add a Postal Code column after the City column.
- 9. Type the following postal codes: Chi K5B 1R1, Gerald K0S 4X2, Ben - K0A 2T1, Manuel - K0S 3T8, Tina - K7V 3S4
- 10. Insert a row to add Pierre Azar to the table. The names should be in alphabetical order.
- 11. Type Pierre's information

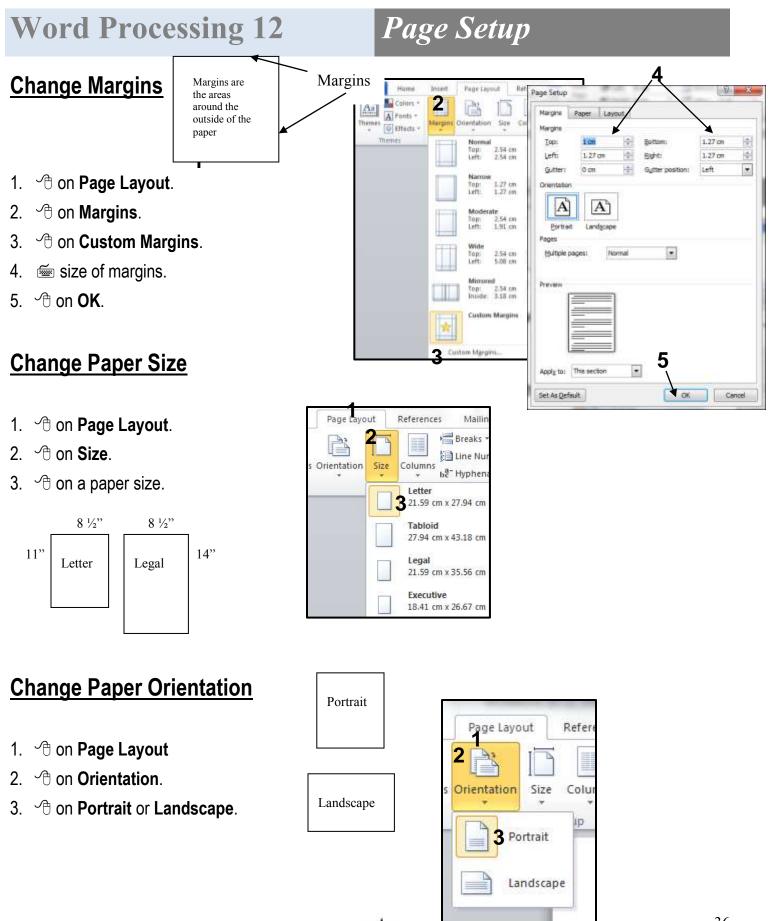
	Azar	Pierre	15 Woodridge Cr.	Nepean	749-2342
12.	Insert the fol	lowing name	es in the table in alpha	betical orde	er.

	Gratton	Marie	2453 Kent Ave.	Ottawa	643-2762
	Dana	Walid	167 Aspen Way	Orleans	837-8756
	Tessier	Jean	873 Emperor Ave.	Nepean	756-9257
	Tennant	Ivan	7545 Carson Road	Ottawa	753-8754
13	Delete Gerald	^c hen from	n the table		

13. Delete Gerald Chen from the table.

Last Name	First Name	Address	Phone Number
Chen	Chi	20A Meadowlands	765-8795
		Drive	
Chen	Gerald	187 James Crt.	872-3542
Green	Ben	234 Main St.	231-2387
Rodriguez	Manuel	78 Pearson Ave.	453-7855
Van Walraven	Tina	252 Cedarbank	364-9876
		Road	





cbằl

Lesson 12 - Handout 1

Page Setup

Instructions:

- 1. Change the Margins to 0.5 inches.
- 2. Change the Orientation to landscape.
- 3. Create a table with 7 columns and 11 rows.
- 4. Type the headings given.
- Fill in the table. Use the Telus website to find numbers you don't know. (www.mytelus.com)

Last Name	First Name	Address	City	Province	Postal Code	Phone #



Lesson 12 - Handout 2

Instructions:

- 1. Change all the margins to 0.5 inches.
- 2. Insert a table with 3 columns and 9 rows. Remove the borders.
- 3. Make the first column 2 inches, the second column 3 1/2 inches & the third column 2 inches.
- 4. Type the resume below. Type each section in a different row.
- 5. Format the information. Make the headings, the name, and the job titles bold. Make the company names italic. Centre the name, address and phone number. Right align the job addresses and dates. Use bullets for the job duties.

	Frank Wendover 34 Main Street, Apt. 231 Edmonton, Alberta T5T 2X9 (613) 746-0583	
GOAL:	To obtain employment as a heavy equipment operator or a labourer	
QUALIFICATIONS:	 Hardworking and reliable St. John's Ambulance first-aid training Class 3 driver's licence Experience using heavy equipment 	
EXPERIENCE:	 Habitat for Humanity Volunteer Framed windows Installed drywall Installed asphalt shingles 	Edmonton, Alberta July 2009-present
	 Johnson Construction Heavy Equipment Operator Operated heavy equipment to move, load and unload building supplies Operated backhoes and bulldozers to excavate, move and load earth 	Winnipeg, Manitoba 1999-2008
	 <i>City of Winnipeg</i> Labourer Operated street cleaning equipment Spread sand/salt for snow and ice control Repaired road surfaces Operated mowers to cut lawns and roadsides 	Winnipeg, Manitoba 1995-1998
EDUCATION:	Manford Secondary School Secondary School Diploma	Winnipeg, Manitoba 1995
INTERESTS:	FishingAntique Cars	
REFERENCES:	Available upon request	



Lesson 12 - Handout 3 Resumes

	(name)	
	(address)	
	()(phone no.)	
GOAL:	To obtain employment as a	
QUALIFICATIONS:	•	
	•	
	•	
	•	
EVDEDIENCE.	• (Company)	(addraaa)
EXPERIENCE:		,(address) to(date)
	•	
	•	
	(Company)	,(address)
		to(date)
	•(Duties)	
	•	
	•	
	•	
	(Company)	,(address)
		to (date)
	•(Duties)	
	•	
	•	
	•	
EDUCATION:	(Seheel)	(addraga)
EDUCATION:	(School)(Course)	,(address) to(date)
	(School)	(11)
		,(address)
	(000000)	
INTERESTS:	•	
	•	
	•	
REFERENCES:	Available upon request	

