

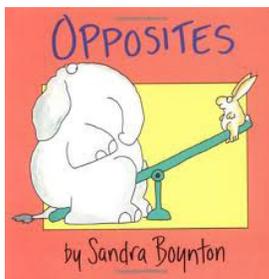
Empty, full

Let's play and talk together

- ❖ Fill a box with soft toys and put it on one side of a large space.
- ❖ Put an empty box on the other side of the space.
- ❖ Show your child how to play by taking a toy from the full box, hugging it, walking across the space with it and dropping it into the empty box.
- ❖ Invite your child to follow your example.
- ❖ As you play the game, talk about what you are doing together.



A good read-together book



Opposites by Sandra Boynton

You will need two large containers such as cardboard boxes or baskets, and some soft toys or other favourite objects.

This activity will help your child with lifting, grasping, moving in different ways, following a sequence and talking while doing.

Hints for success

- ❖ Join in the fun by taking turns with your child.
- ❖ Ask questions to encourage your child to talk while playing the game.



Ways to say it

More ideas for Empty, full

Try this way

- ❖ Encourage other ways to move from one box to the other, like crawling, walking sideways or skipping.
- ❖ Give your child two smaller containers and a collection of small toys such as blocks. Play this game while sitting on the floor to practice grasping smaller objects.
- ❖ Read the book **Empty to Full, Full to Empty** with your child to find more examples of "empty" and "full."



Book link

Empty to Full, Full to Empty by Harriet Ziefert

Safety tip

Practice grasping with smaller objects that are safe to play with and large enough that they cannot be swallowed.

What is empty? What is full

- E** Egg shells are empty after a chick is born.
- M** Mouths are empty after we swallow.
- P** Planes are empty after passengers get off.
- T** Trains are empty after they unload their freight.
- Y** Yards are empty after children go indoors.
- F** Fountains are full of water.
- U** Upside-down umbrellas can be full of water.
- L** Lemons are full of juice.
- L** Lanterns are full of light.

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