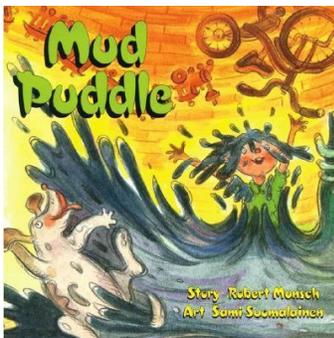


Mud pie muck about

Let's play and talk together

- ❖ Find a sand pile, park, garden corner or beach where your child can play in the mud. Bring along some water in a bucket or a plastic bottle.
- ❖ Add some plastic containers, scoops, spoons, cookie cutters and strainers.
- ❖ Mix water with the dirt and see what happens. Talk about the way the mud looks and feels.
- ❖ Make some cakes, pies and other pretend foods together. Talk about foods and cooking as you play.

A good read-together book



Mud Puddle by Robert Munsch

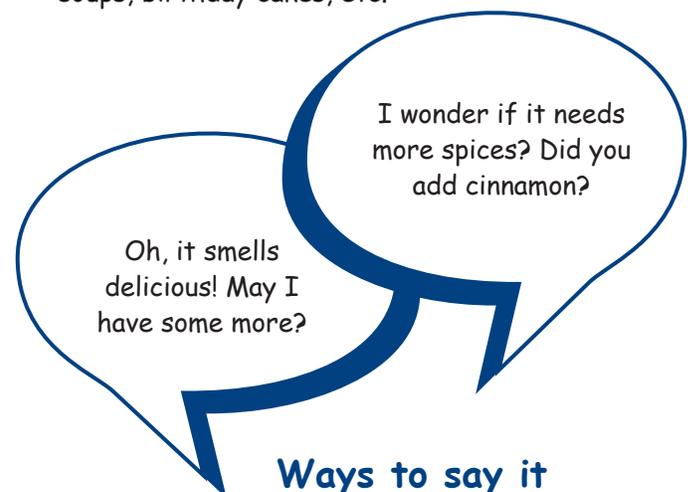
This activity is good for learning words that go with foods and cooking. It also develops creativity and imagination and the sense of touch.

You will need a collection of plastic containers, old kitchen tools, old cooking pans or foil plates, some sand and water, and a bucket or dishpan for mixing.



Hints for success

- ❖ Dress for fun in the mud.
- ❖ Encourage imagination. Show your child how to pretend you are making and eating food.
- ❖ Invite your child to make a whole variety of dishes, e.g. spaghetti, sky-high sandwiches, soups, birthday cakes, etc.



Ways to say it

More ideas for Mud pie muck about

Try this way

- ❖ Use flowers, twigs, shells, leaves or pebbles to decorate your foods.
- ❖ Pretend to be a customer in a restaurant. Ask your child about the ingredients and how the foods were made.
- ❖ Mix up special recipes for family members, stuffed toys or story characters. Talk about what each one would like and why.

Book link

Mud by Mary Lyn Ray



I Love To Play

(sung to the tune of
My Bonnie Lies Over the Ocean)

I love to play in the sand box.
I love to play in the dirt.
I love to play in the wet mud.
I squish it and watch it squirt.

Author unknown