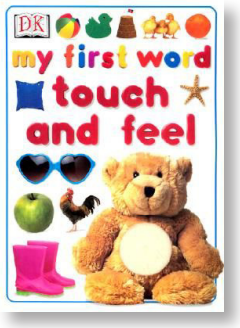
Mystery objects

Let's play and talk together

- Hide an interesting object in a cloth or paper bag.
- Invite children to feel what is in the bag and guess what it is.
- Ask children to talk about how the object feels before they make a guess, e.g. soft, pointed, small, bumpy, etc.

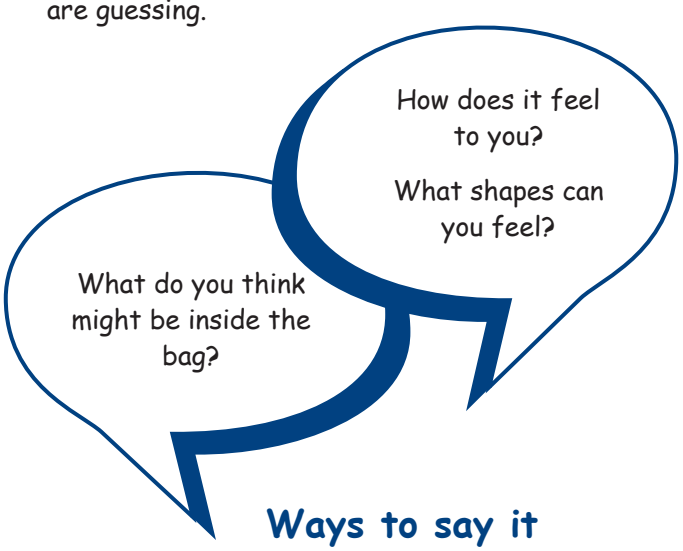
A good read-together book



My First Word Touch and Feel
by Anne Millard

Hints for success

- Start with objects that are simple, e.g. a stone, a feather, a spoon.
- Take the first turn to show children how to play the game. Use lots of describing words when you are guessing.



Ways to say it

You will need a paper or cloth bag and some interesting mystery objects to hide.

This activity helps children learn through the sense of touch. It is good for talking about shapes, surfaces and textures, and for learning new words to say how things feel.

More ideas for Mystery objects

Try this way

- For very young children (ages 1-2), play hide-and-seek with familiar objects. Put an object into the bag and ask the child to find the object, e.g. "Where is your fuzzy teddy?" Let the child reach in, feel the object and pull it out. Name the object and use texture words as the child pulls it out of the bag, e.g. "Here's the fuzzy teddy!"
- For older children (ages 3 and up), let each child choose a favourite object to put into the bag. Take turns guessing what the object is.
- Ask older children to think of at least three describing words before they guess what the object is.

Art

Collect a variety of fabrics with different textures. Help children make a texture collage or a quilt. Talk about how each fabric feels. Think of words to go with each piece of fabric.

Healthy eating

Collect nutritious foods with different textures. Offer the foods as choices during snack time. As the children try a food, talk about what it feels like in the mouth.

Book link

Pooh's Touch and Feel Visit
by A. A. Milne and Ernest H. Shepard

The Five Senses Song

(sung to the tune of **Old Macdonald Had a Farm**)

On my face I have two eyes.
I use them every day.
They are used to help me see
When I work and play.
With a look, look here,
And a look, look there,
Here a look, there a look,
Everywhere a look, look.
On my face I have two eyes;
I use them every day!
On my body I have skin
Feeling cold and heat.
It stretches from atop my head
Way down to my feet.
With a touch, touch here,
And a touch, touch there,
Here a touch, there a touch,
Everywhere a touch, touch.
On my body I have skin
Feeling cold and heat!

Author unknown