

Remember when...?

Let's play and talk together

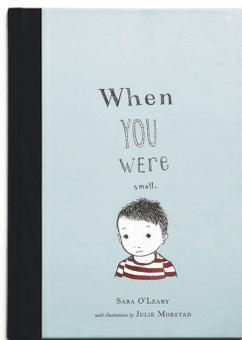
- ❖ Think of a good memory to talk about with your children.
- ❖ Start your story with, "Do you remember when...?" For example, "Do you remember when we went to Grandma's birthday party? I remember how you played tag with your cousins."
- ❖ Invite each child to add a memory, e.g. "What do you remember about Grandma's party?"
- ❖ Keep on taking turns. Let the memories grow.



Hints for success

- ❖ This activity works well during mealtimes.
- ❖ Ask simple questions that help each child remember some details.
- ❖ Invite other people to add their memories.
- ❖ If a child wants to talk about a different memory, follow along.

A good read-together book



When You Were Small by Sara O'Leary

This activity helps children remember and re-tell stories and take part in conversations.



Ways to say it

More ideas for Remember when...?

Try this way

- ❖ With younger children (ages 1-2), use familiar words to help your child remember something specific about an event, e.g. "Auntie has a cat. Do you remember Auntie's cat?"
- ❖ With older children (ages 3 and up), invite a child to choose a favourite memory to start the game.
- ❖ Take photos of important events that your child may want to remember later. Start a scrapbook with your child that you can add to in the future.



Drawing and writing

Make a Memory Book with your children. Use photos or simple drawings to tell the story. Invite the children to help you add words to the pictures. Read your memory book together often.

Physical activity

Talk about milestone events when your child learned to do something new, e.g. jump, climb the jungle gym, ride a tricycle.

Book links

Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst
Zoe and the Fawn by Catherine Jameson
Listen, Said the Donkey by Jean Little